

1. Ap-gubi
Sonnaldung-momtung-hechyo-makki

2. Ap-gubi
Du-mejumok-yopguri-chigi

3. Ap-gubi
Oesantul-makki

4. Ap-gubi
Momtung-baro-jirugi

5. Ap-gubi
Oesantul-makki

6. Ap-gubi
momtung-baro-jirugi

7. Ap-gubi
Oesantul-makki

8. Ap-gubi
Momtung-baro-jirugi

9. Ap-gubi
Sonnaldung-momtung-hechyo-makki

10. Ap-gubi
rechts
Batangson-nullo-makki

11. Gyotdari-sogi
Du-jumok-jochyo-jirugi

12 = Juchum-sogi
An-palmok-pyojok-arae-makki

13 = Dwit-gubi
gang-makki

14 = Hakdari-sogi
Jagun-dolchogwi

15 a = Yop-Chagi

15 b Ap-gubi
Jepipum-mok-chigi

16a Ap-chagi

16b Dwit-koa-sogi
Dung-jumok-ape-chigi
KIAI

17 = Juchum-sogi
Sonnal-Yop-chigi

18 a = Pyojok-chagi

18b = Juchum-sogi
Palkup-pyojok-chigi

19a Moa-sogi

19 b Ap-gubi
Kaljebi

20 Gyotdari-sogi
Du-jumok-jochyo-jirugi

21 Juchum sozi
An-palmok-pyojok
Area-makki

22 Dwit-gubi
Sonnal-kumgang-makki

23 Hakdari-sogi
Jagun-dolchogwi

24a Yop-chagi

24 b Ap-gubi
Jebipum-mok-chigi

25 a Ap-chagi

25 b = Dwit-koa-sogi
Dung-jumok-ape-chigi
mit KIAI

26 = Juchum-sogi
Sonnal-Yop-chigi

27 a = Pyojok-chagi

27 b = Juchum-sogi
Palkup-pyojok-chigi

Junbi