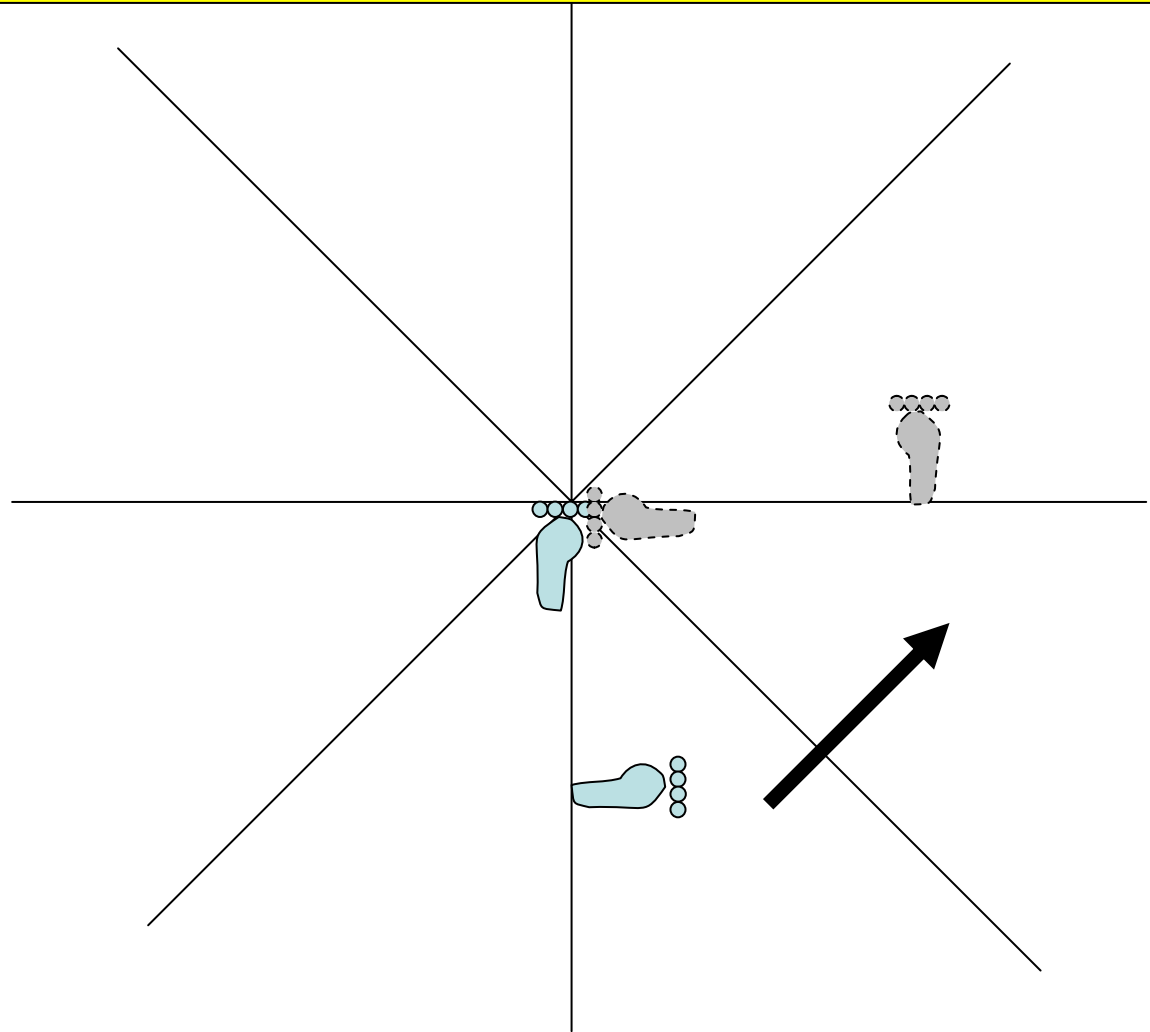


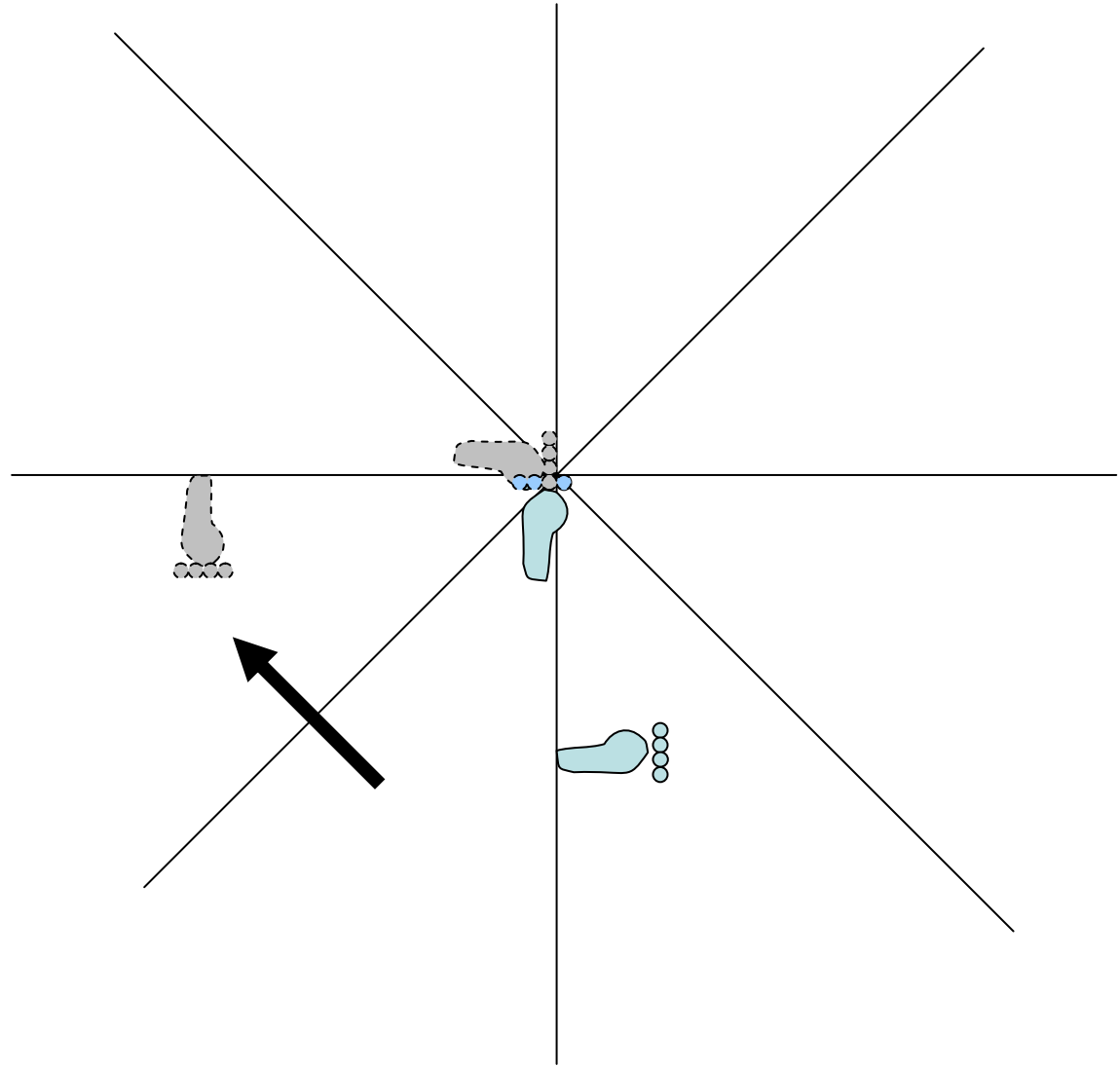


Schrittdrehung vorwärts 90°





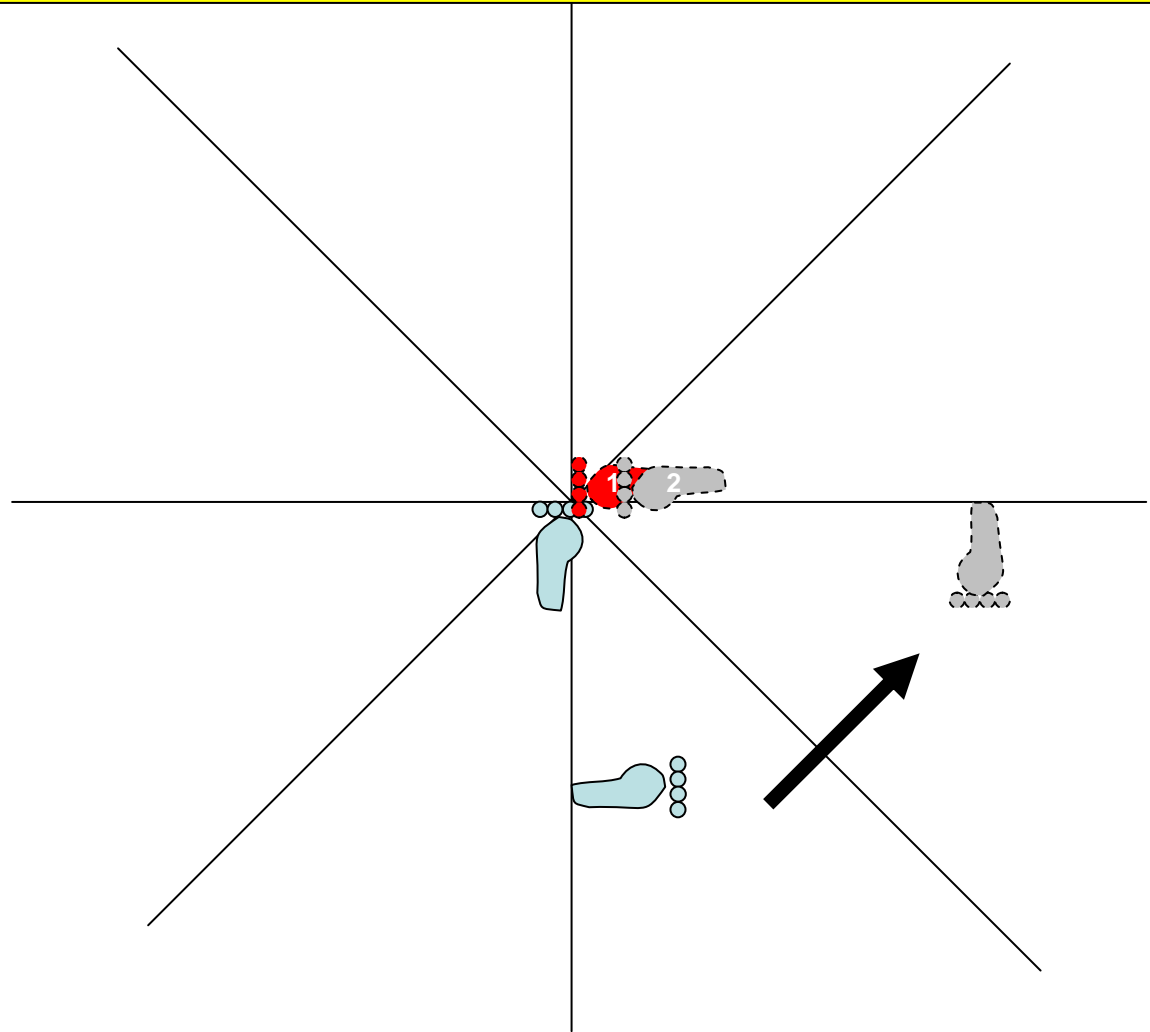
Schrittdrehung rückwärts 90°



태권도



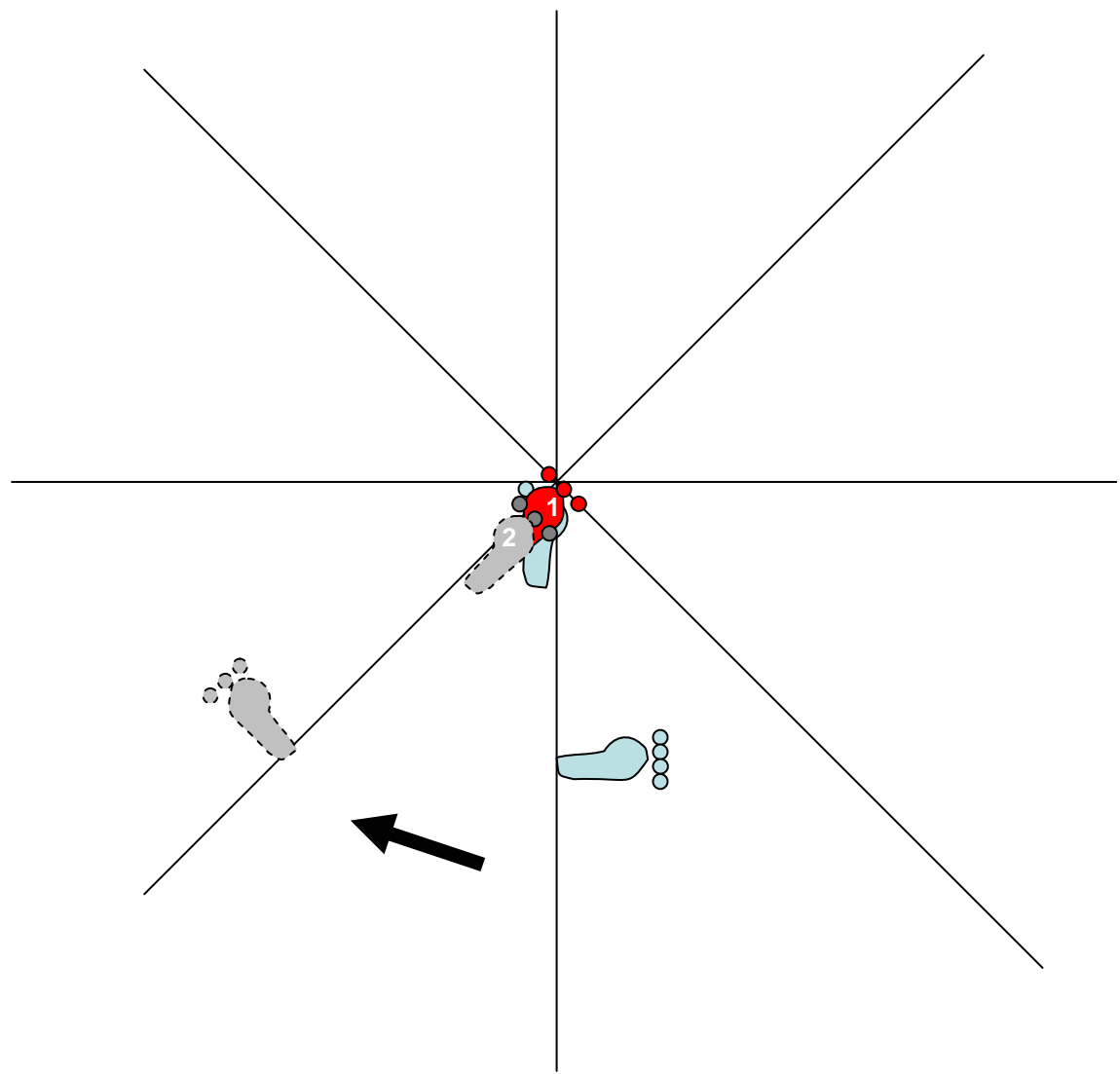
Doppel - Schrittdrehung vorwärts 90°



태권도



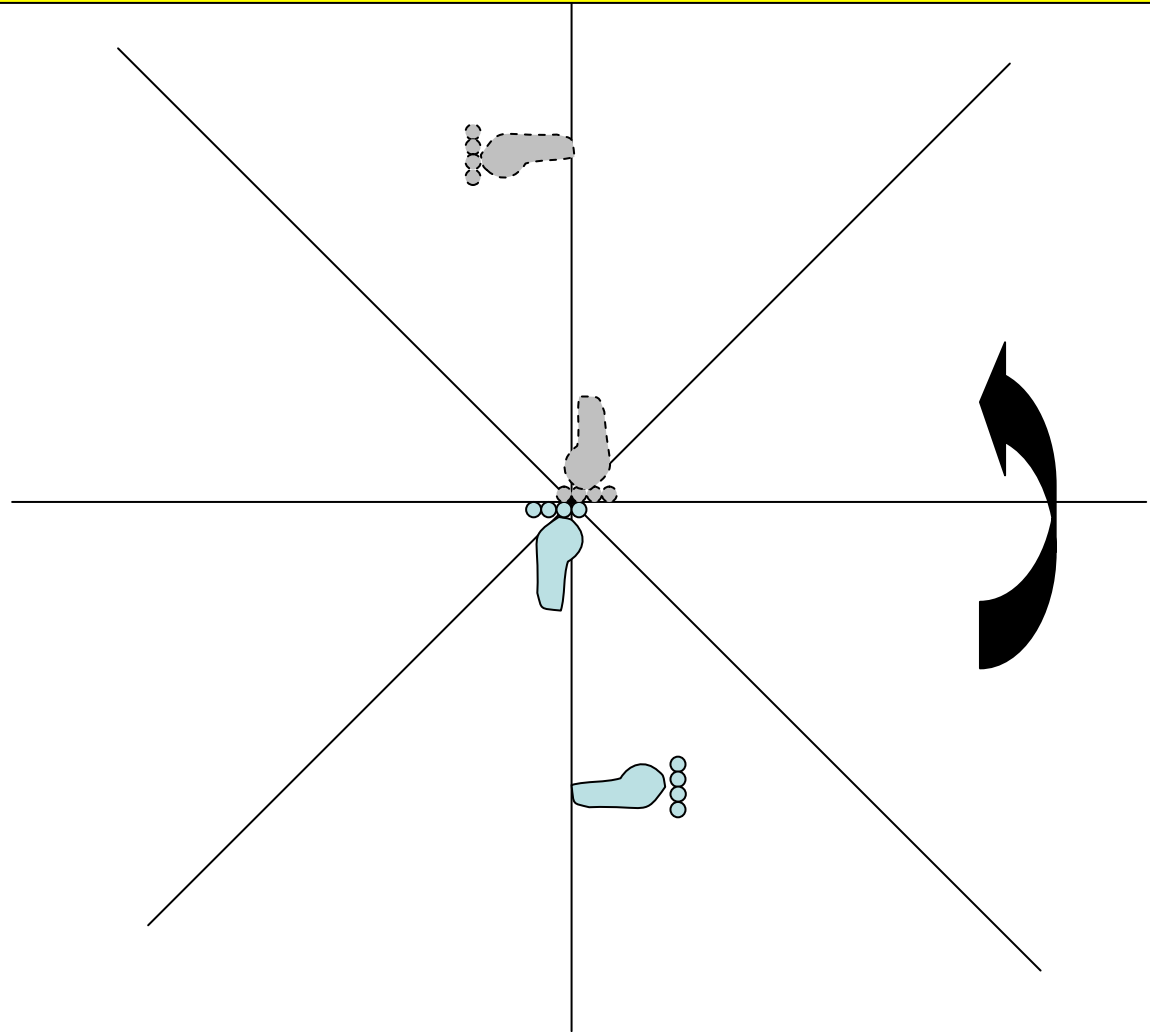
Doppel - Schrittdrehung 45°



태권도



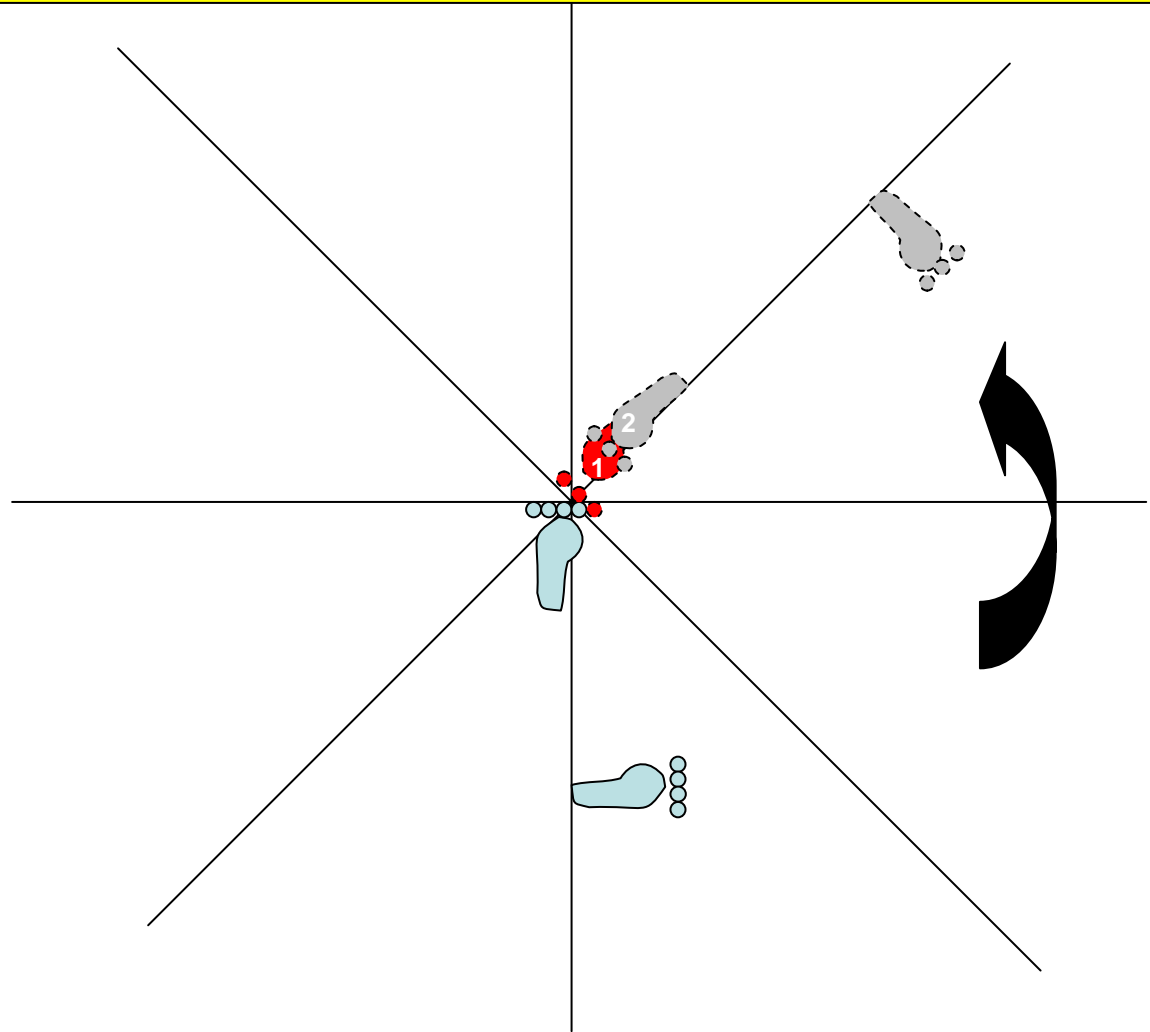
Schrittdrehung vorwärts 180°



태권도



Doppel - Schrittdrehung vorwärts 135°



태권도